

IN-SYNCH 1

Integrating the Senses Using Brain Gym

This certified 24 hour basic course in Educational Kinesiology is fully accredited by the Australian Kinesiology Association and the International Educational Kinesiology Foundation

Presented by Claire Hocking - International Brain Gym & In-Synch Instructor
& Educational Kinesiologist with over 30 years experience

In Synch 1 - Integrating the Senses through Movement, is a three-day certified Brain Gym course, offering the Brain Gym practitioner and student innovative techniques to effectively and quickly integrate the senses, including vision, hearing, taste, touch, smell, proprioception, balance, cranials, hemispheric integration and motor planning.

In this course you will learn specific techniques for effectively balancing the senses to enhance sensory integration. Each of the senses is balanced very quickly with a 5-step balance format, using no equipment and no need for a large working space.

Sensory dysfunction occurs when the neural connections and pathways are immature or unintegrated, interfering with the effective and efficient processing of information. If any of the sensory systems are slow in developing, then daily functioning and learning takes place in a vacuum, "out of synch" with the normal developmental stages. This is experienced as having under - sensitive and/or over- sensitive sensory issues. Anyone who experiences **retained reflexes will** have issues with their senses. From my experience, doing a reflex and sensory balance together is extremely effective.

The Brain Gym balances can give the brain and body a 'second chance' at integrating reflex and sensory movement patterns to provide the person with more mature patterns of response.

DATE:	Wednesday 4 to Friday 6 September 2024
TIME:	9-30 am to 5-30 pm each day <i>To complete the course participants need to attend all sessions</i>
COST	\$750 (no gst) includes the manual & materials and morning and afternoon teas *Repeaters (In-synch 1) \$375
LOCATION	Lara (Geelong, Vic, Australia)
PREREQUISITES	Brain Gym 101

IN-SYNCH 1 REGISTRATION FORM 4– 6 Sept 2024 Lara, Vic

Please tick whom the tax invoice needs to be made out to.

Name: _____
Home Address: _____ Postcode: _____
Phone: _____ Mobile: _____
Email: **(Please Print Clearly)** _____

Organisation (if applicable) _____
Address: _____ Postcode _____
Phone: _____

Please send this form to: Claire Hocking

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