

# IN-SYNCH 1

## Integrating the Senses Using Brain Gym

---

**This certified 24 hour basic course in Educational Kinesiology is fully accredited by the Australian Kinesiology Association and the International Educational Kinesiology Foundation**

Presented by Claire Hocking - International Brain Gym I& In-Synch Instructor  
& Educational Kinesiologist with over 20 years experience

In Synch 1 - Integrating the Senses through Movement, is a three day course, offering the Brain Gym practitioner and student innovative techniques to effectively and quickly integrate the senses, including vision, hearing, taste, touch, smell, proprioception, balance and cranials. Once the senses are balanced, participants can then balance hemispheric integration and motor planning.

This course focuses on sensory integration and wellness to use all of the senses to their full potential, the ability to integrate and use your senses more fully by noticing and balancing sensory awareness.

In this course you will learn specific techniques for effectively balancing the senses to enhance sensory integration. Each of the senses is balanced very quickly with a 5 step balance format, using no equipment and no need for a large working space. This work is proving to be very efficient in dealing with learning and concentration difficulties in the classroom, business and on the sports field. It is also being very successfully applied in working with adults with stress –related and sensory –integrative issues.

DATE: **Tuesday 19—Thursday 21 January 2016**

TIME: **9-30 am to 5-30 pm each day**  
*To complete the course participants need to attend all sessions*

COST **\$550** (inc gst) includes the manual & materials and morning and afternoon teas  
\*Repeaters \$225

LOCATION **Lara** (Geelong, Vic, Australia)

PREREQUISITES **Brain Gym 101**

---

### IN-SYNCH 1 VIC- REGISTRATION FORM 19-21 Jan 2016

Name(s): \_\_\_\_\_

Home Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: (Please Print Clearly) \_\_\_\_\_

School / Organisation (If applicable) \_\_\_\_\_

Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Please fax/post this form to: Claire Hocking  
ABN 17 381 090 700

**FAX: (03) 5282 8542**  
Ph: (03) 5282 5985

Postal: 10 Greenleaf Drive, Lara, Vic 3212  
Mobile: 0419 569 071