

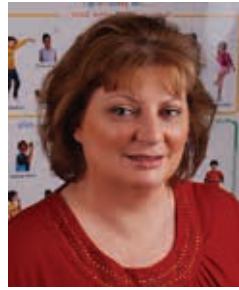
# BRAIN GYM™ for early childhood education

Learn Simple Kinesiology Techniques to  
Switch-On Connections in the Brain to  
Promote Maximum Learning  
and Development



## PROFESSIONAL DEVELOPMENT WORKSHOP

Presented by  
**CLAIRE HOCKING**  
Dip. Teaching, Cert. A, AST 1, VIT, AKA  
Educational Kinesiologist &  
Brain Gym Consultant Australia



Claire Hocking is one of Australia's leading Educational Kinesiology Practitioners and the Director of the Whole Brain Kinesiology Centres, where she consults privately with all age groups. With over twenty years experience as a primary and secondary teacher, Claire has successfully used Brain Gym in schools both as a grade, music and integration teacher. Claire also regularly uses Educational Kinesiology in schools, aged care facilities and health centres.

Claire specialises in reducing all types of challenging behaviours both in her clinical sessions and in preschool and childcare centres, schools, workplaces, aged care facilities and in health centres for over 20 years. Professionals, clients and families have been consistently impressed with her positive approach and the results of her work.

Claire regularly works with clients in her clinics with mental health issues and challenges including depression, anxiety, phobias, eating disorders, addictions, bipolar disorders, with pleasing outcomes. Brain Gym can be especially useful for students experiencing any sort of learning or behavioural challenges or deemed to be 'at risk', or students with special needs and disabilities. Claire has also worked with a number of primary and secondary students who were about to be suspended or expelled from school due to their unacceptable behavior. All of these student's behavior and attitudes significantly improved once they commenced having consultations with Claire. All parents and teachers have been very pleased with the results achieved.

Claire regularly presents Brain Gym and Kinesiology programs and workshops both nationally and internationally.

For further information please contact:

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## BOOKING FORM

I/we will be attending:

- Bendigo 19 Oct  
 Geelong 19 Nov  
 Warrambool 4 Dec

- Werribee 27 Oct  
 Croyden 23 Nov  
 Caroline Springs 8 Dec

- Mill Park 30 Oct  
 Noble Park 27 Nov  
 Flemington 11 Dec

- Kew 10 Nov  
 Mornington 30 Nov

Name(s) \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

School/Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Mobile: \_\_\_\_\_

Postcode \_\_\_\_\_

Postcode \_\_\_\_\_

Fax: \_\_\_\_\_

Please fax/post this form to: Claire Hocking, 10 Greenleaf Drive, Lara VIC 3212

Fax: 03 5282 8542 Ph: 03 5282 5985 Mobile: 0419 569 071 Email: [claire@wholebrain.com.au](mailto:claire@wholebrain.com.au)

VICTORIA 2016

NOT APPLICABLE

## This Professional Development Day is Especially Relevant for Integration, Special Needs and Transitional Prep and Pre-Prep Students.

Based on neuroplasticity, Brain Gym can bring about dramatic and lasting changes in brain integration. Brain Gym assists in maximising the critical periods of brain development during the child's first six years of life. Brain Gym stimulates and matures the neural connections in the child's brain to build a strong foundation for their future learning and development: mental, intellectual, social, emotional, physical, and creativity. Brain Gym is extremely useful when working with children with any type of learning or behavioural difficulties, dyslexia, ADD/ADHD and Autism and Asperger's.

### In this workshop you will learn:

- The 26 Brain Gym movements and how they assist and mature development. How and why Brain Gym works so effectively with supportive brain research.
- How and why Brain Gym works and the latest brain research
- PACE - a specific sequence of Brain Gym movements that helps children to settle down, relax, pay attention and effectively 'switch on' to learn
- Different ways you can easily implement Brain Gym into early childhood education
- Learn which sets of Brain Gym are most useful for improving thinking, listening and speaking, focus and concentration, memory, visual processing, auditory processing, comprehension, reading, spelling, writing, maths, co-ordination, music, drama, and art
- Simple fun-to-do Brain Gym games, songs and activities

### DATES VICTORIA 2015:

**Bendigo** 19 Oct

**Werribee** 27 Oct

**Mill Park** 30 Oct

**Kew** 10 Nov

**Geelong** 19 Nov

**Croyden** 23 Nov

**Noble Park** 27 Nov

**Mornington** 30 Nov

**Warrnambool** 4 Dec

**Caroline Springs** 8 Dec

**Flemington** 11 Dec

**TIME:** 9.30am - 3.30pm

**COST:** \$295 inc GST (includes manual, materials, catering and a copy of 'Brain Gym Teachers Edition')

A certificate of participation will be issued at the conclusion of the workshop  
This Brain Gym workshop fulfils the VIT Standards of Professional Practice and Renewal Registration

**BOOKINGS ESSENTIAL:** Sending of this form is essential for enrolment. A tax invoice and confirmation letter will follow. Full payment will be required if participants do not attend without notification. An alternative person will be accepted. Cheques payable to 'Claire Hocking' or payment by internet banking and credit card/EFT available.

### TESTIMONIALS

*"Our daughter Elly at 7 years old was having multiple tantrums daily, which was affecting her relationships with her peers and our family environment. She seemed constantly frustrated. Refusing to accept that it was simply her disposition we decided to take action. A friend recommended Claire, so we made an appointment and have not looked back. Claire's professionalism and ability to understand Elly's needs was amazing. Elly connected with Claire straight away and we saw positive changes in her behaviour after her first appointment. A few simple exercises every day changed our daughter's life. After 8 months of Brain Gym Elly is a different child. She is interacting positively with her peers and said she is happy now because she doesn't feel angry all the time. Elly's school work, even her handwriting has improved dramatically. We were previously anxious about her prospects but we are now excited about her future. THANK YOU CLAIRE "*

GH, PARENT

*"A very informative and realistic program which can definitely make an impact in classrooms."*

TEACHER

*"Thank you for meeting with my son yesterday. I just wanted to let you know what an incredibly positive outcome we had last night. He was happy, considerate and a delight to be around. He enjoyed his soccer game and did not have any altercations. He was kind with his sister and did not hit her ONCE!! This is extraordinary. Bedtime was without tantrums, although it was still after 9pm when he was ready for sleep. Thank you again."*

JANE D PARENT

*"Great thanks. I will definitely be using this with my class very soon!"*

TEACHER