
BRAIN GYM® IN THE CLASSROOM

CURRICULUM DAY

AN EFFECTIVE WAY TO SUPPORT IMPROVING LITERACY & NUMERACY STANDARDS

Presented by Claire Hocking - International Brain Gym Instructor
and Educational Kinesiologist

Learn all about Brain Gym & the 26 Movements! Learn all about the Brain Gym movement program including the 26 Brain Gym movements that 'switch you on' for any activity - learning & study, sport and, work.

Explore simple and fun ways you can successfully use Brain Gym in your classroom to improve: learning, concentration, memory, attitude, behaviour, self-esteem & confidence, coordination, communication, study skills & creativity.

By using the Brain Gym movements your students will be:

- more settled
- more responsive
- more receptive
- ready to listen and learn

Brain Gym is extremely useful when working with children or adults labelled as 'learning disabled', hyperactive or with Attention Deficit Disorder. It is especially relevant for integration and special needs students. Thousands of children and adults have benefited by doing the Brain Gym movements outlined in this curriculum day.

'I just wanted to thank you once again for such a fantastic workshop yesterday. You have revolutionized my thinking and given me an added enthusiasm shot to keep going and to work even harder with my daughter to see her reach her full potential.' Michelle P teacher

"I attended one of your workshops for special needs children nearly two years ago and it was the best professional development I have ever done!" Marie P teacher

On this Curriculum Day you will learn:

The background & philosophy behind Brain Gym
26 Brain Gym movements and latest brain research

PACE - a set of Brain Gym movements that helps students to settle down, relax, feel more present and comfortable, and be receptive to learn.

Different ways to implement Brain Gym into the classroom

Which sets of Brain Gym are most useful for reading, writing, spelling, maths, sports, PE, music, speaking & listening

Different ways you can easily implement the Brain Gym to improve: learning, coordination, concentration, language and communication skills, vision, hearing, memory, fine & gross motor skills, confidence and self esteem, anxiety and stress levels

Optional Extra

Learn the Brain Gym that is most relevant for autism, Asperger's Syndrome, cerebral palsy, Downs Syndrome, ADD/ADHD, dyslexia, visual processing disorder, auditory processing disorder, dyspraxia, language disorders, dyscalculia, dysgraphia, depression and anxiety disorders, global developmental delay, and retained primitive reflexes.

Cost:

Full day - \$1800 Half day - \$950 (inc gst)
No maximum class number.

For more information contact:

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