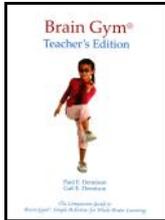


BRAIN GYM RESOURCES

Claire Hocking, Brain Gym Instructor, 10 Greenleaf Drive, Lara, Vic 3212 Australia
Ph (03) 5282 5985 Fax (03) 5282 8542 Mob: 0419 569 071
ABN: 17 381 090 700

Brain Gym Teachers Edition **NEW!** \$60

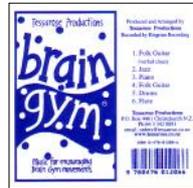
The essential book for all parents and teachers
by Paul & Gail Dennison



It covers in detail all the 26 Brain Gym movements including instructions on how to do each movement, what it activates the brain for, targeted academic skills, how to vary the movement to keep it fresh and exciting, teaching tips to help students perform each Brain Gym properly and how the movement relates to the behaviour and posture of the student. The second part gives the sets of Brain Gym needed to switch on for effective thinking, reading, spelling, maths, writing, listening, speaking and sport.

Brain Gym CD by Tessarose \$35

The essential CD for Brain Gym

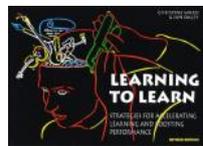


This CD has six different versions of music and song that will encourage people to do the PACE movements of Brain Gym. Each version has its own musical style. Children love the 'Rapp' Version (drums-track 5) This cd is suitable for all levels and ages including pre-school, primary, secondary and tertiary. Essential for your Brain Gym class!

Learning to Learn \$45

by Christine Ward & Jan Daley

Strategies for Accelerated Learning and Boosting Performance

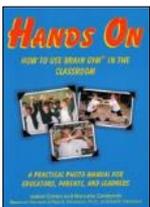


This book contains exciting new knowledge about learning and contains dozens of brain friendly way to improve learning including showing where Brain Gym fits into the whole realm of whole brain learning and brain friendly learning techniques. You can help your students be the best they can be at learning in school and life by using this book. This book is suitable for all pre-school, primary, secondary and tertiary teaching.

Hands On \$65

How to use Brain Gym in the Classroom

by Isabel Cohen and Marcelle Goldsmith



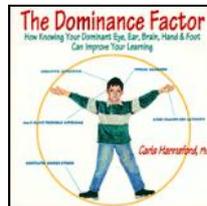
Written by teachers for teachers, this book gives a classroom teacher practical, visual step-by-step ideas on how to implement Brain Gym for: readiness for learning, reading enhancement, some unique ways to learn spelling, switching on to letters and writing, maths and numbers and more. This book contains a large number of photos of children demonstrating the Brain Gym movements making them clear and instructive and inspirational.

Suitable for the pre-school and primary classrooms. A must for every teacher.

The Dominance Factor \$45

How Knowing Your Dominant Eye, Ear, Brain, Hand & Foot Can Improve Your Learning

By Erich Ballinger

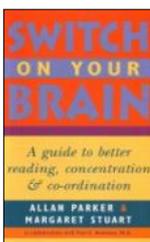


This book explains how to determine your dominant brain, eye, ear, hand and foot and how to interpret your dominance profile. Knowing your profile will help you and your students to learn in the best possible way including the Brain Gym movements that are the most relevant.

Switch on Your Brain \$35

A Guide to Better Reading, Concentration & Coordination

by Alan Parker & Margaret Stuart

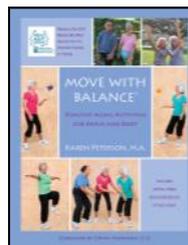


This popular Australian book contains practical aspects of Educational Kinesiology which has helped many people change their lives, especially anyone with learning challenges. Covers the Edu-K assessment and corrections for many areas including improving reading, writing, spelling, memory and concentration, hand-eye coordination, suspected food or chemical sensitivities, letter reversal, classic dyslexia, difficulty copying, taking dictation, poor special perception, and expressing orally, etc. This book is suitable for all pre-school, primary, secondary and tertiary teaching. *Enhance you Educational Kinesiology work.*

Move With Balance \$55

Healthy Ageing Activities for the Brain and Body

By Karen Peterson, M.A.

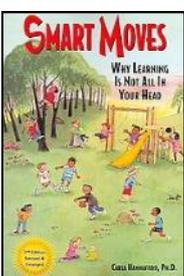


This book is about an award winning Brain Gym program, Move With Balance, that was developed in Hawaii in 2000 for elderly people in the community. Move With Balance is designed to enhance whole-brain integration and develop a strong connection between the body and the brain. The book demonstrates activities and exercises, including Brain Gym, that enhance a person's sense of balance, and improves their cognitive functions and sense of wellbeing. The book is loaded with dozens of movements, that anyone can do, even the frailest elderly person. The results include increased coordination, sharper cognitive skills, better vision, and enhanced self-confidence. This Brain Gym program, scientifically proven to reduce falls, is perfect for your needs, whether you are a group leader, a caregiver, or using the program for yourself.

Smart Moves (2nd Edition) \$45

Why Learning is Not All in Your Head

by Carla Hannaford



Neurophysiologist and Brain Gym educator, Carla Hannaford, tells us why we must move - and shows us how to move to fully activate our learning potential. Her remarkable insights will be of great and immediate value to all learners & educators. Contains the best information on the science behind Brain Gym and related movements.

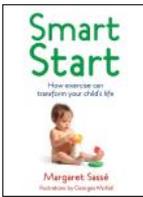
A bestseller that has been translated into 9 languages.

Smart Start

\$35

How Exercise Can Transform Your Child's Life

by Margaret Sassé

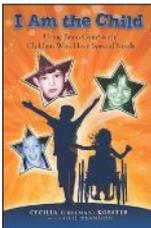


Smart Start discusses the neurophysiological development of an infant from birth to 5 years. It provides a step-by-step programme to stimulate their neurological responses, increase coordination and enhance their capacity for learning when they reach a school age for each year. The book is simply written and attractively presented with lively illustrations and practical exercises and fully supports Brain Gym.

I am the Child

\$40

By Celicia Koester

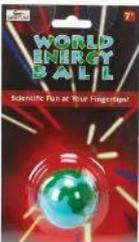


The author shares with us the Brain Gym modifications and adaptations that she has successfully used to meet the needs and draw out the gifts of children with special needs including deafness, blindness, cerebral palsy, Angelman's Syndrome, mental challenges and autism. She also identifies the key elements of determining the developmental priorities of special needs child.

Energy Ball

\$8

Demonstrate the importance of Hydration



This product is used as a teaching tool to demonstrate electro-magnetic connection & the importance of water hydration (the ball won't work if an individual is dehydrated). This works well with all age groups & is a great illustrator of how we are energetically connected. A group connected by finger touch as large as 75 has demonstrated the energy current that our connection can provide.

Brain Gym Activities for Children

Large \$55

Laminated

Medium \$45



This beautiful, full-colour large wall chart shows the 26 Brain Gym activities, with photos of young people demonstrating each movement. Great for the classroom, home, and learning centres. Students will identify with the chart's bright, eager learners and will enjoy getting ready to learn by doing these simple, safe, and effective activities every day.

Brain Gym Activities for Teens & Adults

Large \$55

Laminated

Medium \$45



This beautiful, large full-colour wall chart of the 26 Brain Gym activities, with photos of teenagers demonstrating each movement, is great for the classroom, home, workplace. Students will identify with the chart's bright, eager learners and will enjoy getting ready to learn by doing these simple, safe, and effective activities every day.

PACE Poster For Children

\$45

Laminated

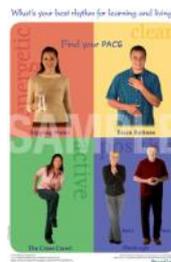


This colourful PACE poster clearly shows each of the four PACE activities. It's great for classrooms, children's bedrooms, and the offices of Brain Gym Consultants, where it can serve as a cheerful reminder to get into PACE each day.

PACE Poster For Teens & Adults

\$45

Laminated



This colourful pace poster is for teenagers and adults that clearly shows each of the four PACE activities. It's great for home or office use and for both teen and adult classrooms, where it can serve as a friendly reminder to get into PACE each day.

The Children's Songbook & CD

\$45

The original Brain Gym Songbook and CD

by Brendan O'Hara

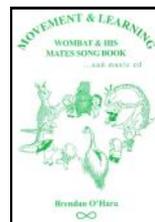


Delightful songs to aid children with their Brain Gym movements. Includes CD with accompanying book of words and music. The book also contains drawings and descriptions of the activities accompanying the songs plus 10 pages of theory relevant to integration.

Wombat & His Mates Songbook & CD

\$45

by Brendan O'Hara



More songs, music and exercises to improve all areas of learning.

Bean Bag Ditties including 2 Beanbags

\$42

by Brendan O'Hara



The Beanbag Ditties help to improve coordination and learning in a simple and fun way. The Beanbag Ditties are melodies and tunes that are sung whilst performing the Beanbag Games and Activities, which are explained and illustrated inside the front cover. Includes some Brain Gym movements. Suitable for all ages.

Alphabet Eights Chart

\$35

Laminated

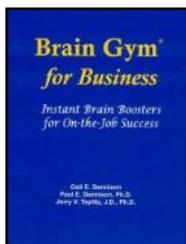


A colourful chart of the Brain Gym activity 'Alphabet 8's'. Your students will soon be writing and reading with ease and confidence.

Brain Gym For Business \$45

Instant Brain Boosters for On-the-job Success

By Paul and Gail Dennison and J.V. Teplitz PhD

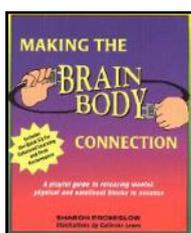


Brain Gym exercises designed for business people and business circumstances. This book offers simple Brain Gym activities designed to minimize stress in the work environment. It will enable you to coordinate your brain functions with your movement skills, allowing you to do your job better, with more ease and enjoyment.

Making The Brain Body Connection \$45

A Playful Guide to Releasing Mental, Physical & Emotional Blocks to Success

By Sharon Promislow



This is a fantastic book blending leading brain research with simple techniques from Brain Gym. Set out in clearly identifiable sections with copious illustrations for children and adults alike, 'Making the Brain/Body Connection' is a marvellous book for children, parents, teachers and Kinesiology personnel. Very easy to read & follow.

Brain Games For Babies \$45

Simple Games to Promote Early Brain Development

By Jackie Silverberg

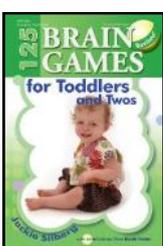


125 Brain Games for Babies is a fun filled collection of ways to develop the brain capacity of babies. Included are everyday opportunities to nurture brain development in the critical period from birth to 12 months. Each game has information on the latest brain research, and a discussion of how the activity promotes brain power.

Brain Games For Toddlers And Twos \$45

Simple Games to Promote Early Brain Development

By Jackie Silverberg

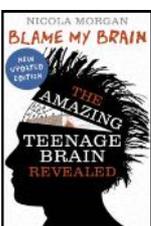


125 Brain Games for Toddlers and Twos is a fun filled collection of ways to develop the brain capacity for your child's future. It is packed with everyday opportunities to nurture brain development in the critical period from birth to 12 - 36 months. Each game has information on the latest brain research, and a discussion of how the activity promotes brain power.

Blame My Brain \$25

The Amazing Teenage Brain Revealed

by Nicola Morgan

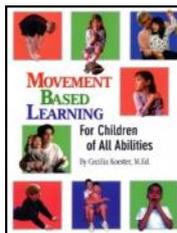


Learn about the different, fascinating and important things that happen to the brain in the teenage years. New scientific research points to real biological reasons why teenagers are the way they are-the mood swings, the sleeping habits, the wild risk taking, and the difference between girl's and boy's brains. Also gives helpful hints to teenagers, parents and teachers in helping to cope with all those teenage brain changes and stages.

Movement Based Learning \$65

Building from the Inside Out-A Foundation for Learning For Children of All Abilities

by Cecilia Koester



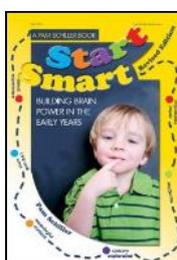
This excellent book offers an in-depth look at some basic developmental movement patterns with emphasis on how to use a movement based learning program, including Brain Gym, with children of all abilities. The book contains a wealth of new ideas and techniques, many based on Brain Gym and the Brain Gym 101 course.

Essential Reading - One of the best Brain Gym books available!

Start Smart \$45

Building Brain Power in the Early Years

By Pam Schiller

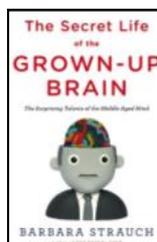


Start Smart offer simple, straightforward ways through games and activities, to boost brain power with active exploration, sensory exploration, laughter, music and more. All the chapters describe how and why the brain develops and explain how you can use the activities to give your children the best foundation for future learning. Includes chapters on cross-lateral movement (cross crawl), water, laughter, music, colour, multiple intelligences and more.

The Secret Of The Grown-Up Brain \$30

The Surprising Talents of the Middle-Aged Brain

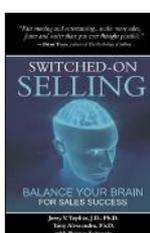
By Barbara Strauch



A leading science writer examines how our brains improve in middle age. Pulitzer Prize-winning science writer Barbara Strauch explores the latest findings that demonstrate how the middle-aged brain is more flexible and capable than previously thought. In fact, new research from neuroscientists and psychologists suggests that the brain reorganizes, improves in important functions, and even helps us adopt a more optimistic outlook in middle age. We recognize patterns faster, make better judgements, and find unique solutions to problems. Part scientific survey, part how-to guide, *The Secret Life of the Grown-up Brain* is a fascinating glimpse at our surprisingly talented middle-aged minds.

Switched on Selling \$45

By Jerry Teplitz

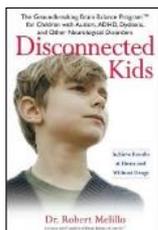


Switched-On Selling is a proven leading-edge mind body technology that will immediately rewire the default setting for all parts of the sales process to balance your brain for optimum success. In Switched-On Selling you will learn the easy-to-do, powerful Brain Gym on selling works for those who are new to selling, as well as for the seasoned professionals who want to improve and refresh their sales performance. Also has excellent explanation of all aspects of Brain Gym including the balancing process.

Disconnected Kids

\$35

By Robert Melillo



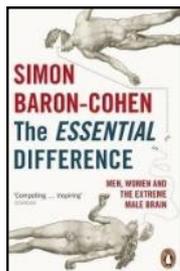
Dr Robert Melillo presents his Brain Balance Program that addresses why many neurobehavioral disorders of childhood such as ADHD, autism, Tourette syndrome, obsessive compulsive disorder and dyslexia, etc. are the result of brain imbalances. This books fully supports Brain Gym and gives simple physical, sensory and academic techniques and exercises to correct neurological disfunctions.

The Essential Difference

\$25

Men, Women & the Extreme Male Brain

By Simon Baron-Cohen

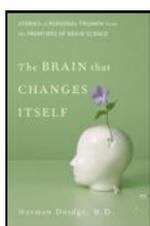


This book reveals why male and female minds are different, the groundbreaking theory that autism is a form of the extreme male brain, and a test to do on yourself to find out what kind of brain you have.

The Brain That Changes Itself

\$39

By Norman Doidge, M.D.



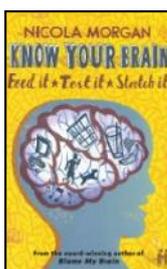
The author gives the research on how the brain, far from being fixed, has remarkable powers of changing its own structure This book explains the research on why and how brain exercises, like Brain Gym, really do work.

Know Your Brain

\$25

Feel It—Test It—Stretch It

By Nicole Morgan



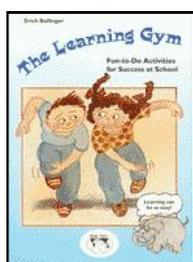
This easy to read book gives fun, fascinating and informative information on your amazing brain. Includes brain quizzes, Brain training exercises and brain boosters and brain food for exam time.

The Learning Gym

\$25

Fun to do Activities for Success at School

By Erich Ballinger

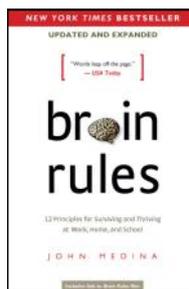


This bright colourful book provides you with an introduction to the exciting Brain Gym program. With plenty of cartoons it provides vivid descriptions of the importance of Brain Gym. It offers a wonderful introduction to Brain Gym, providing brief and simplified explanations of left/right brain activation and learning, along with a short description of the Brain Gym program. Eleven Brain Gym movements are included with playful descriptions of how to do each movement, a more in-depth note on "when & why" and clear illustrations of those activities.

Brain Rules

\$30

By John Medina

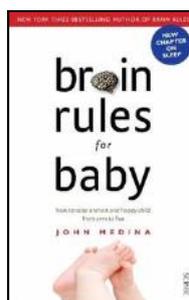


Dr John Medina showed us how our brains really work — and why we ought to redesign our workplaces and schools. Each chapter, he describes a brain rule--what scientists know for sure about how our brains work--and then offers transformative ideas for our daily lives. You'll understand how your brain really works--and how to get the most out of it. This book supports what we do in Brain Gym and Educational Kinesiology.

Brain Rules For Baby

\$30

By John Medina



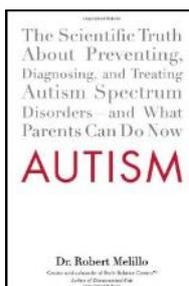
Dr John Medina showed us how our brains really work — and why we ought to redesign our workplaces and schools. *Brain Rules for Baby* shares what the latest science says about how to raise smart and happy children from zero to five.

Through fascinating and funny stories, Medina, a developmental molecular biologist and dad, unravels how a child's brain develops, and offers practical tips for any parent. You'll learn what is the best predictor of academic performance (and it's not IQ!), why it's better to praise effort than intelligence, and what to say to your child when emotions run hot. What you do right now — before pregnancy, during pregnancy, and through the first five years — will affect your children for the rest of their lives.

Autism

\$30

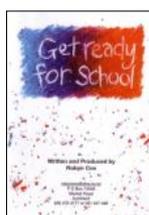
By Dr. Robert Melillo



A clear and compassionate explanation of the causes of the autism epidemic—and a scientifically based approach for prevention and treatment. Dr. Melillo presents the latest scientific explanation for how we got here and proven, drug-free strategies that parents can employ to help prevent, detect, and address the autism epidemic for themselves and their families. Dr. Melillo explains what the latest scientific research tells us about the role of genetic, environmental, and lifestyle factors, dispelling myths and replacing them with the facts. This book supports Brain Gym and Educational Kinesiology, and discusses retained reflexes.

Get Ready for School DVD

\$50



This excellent New Zealand DVD presents an overview of the important stages of physical development that a child needs to have passed through in order to cope with the educational tasks required in the classroom. Includes a demonstration of a range of physical activities, including Brain Gym, that can be used by educators and parents to help move children towards becoming physically and developmentally ready for formal learning. This DVD clearly shows the importance of successfully integrating the primitive and postural reflexes. Approx 60 mins.

