



BRAIN GYM 101

This certified 32 hour basic course in **Educational Kinesiology** is fully accredited by the Australian Kinesiology Association and the International Educational Kinesiology Foundation

Presented by Claire Hocking - International Brain Gym Instructor & Educational Kinesiologist

This four day Brain Gym 101 course is designed to give participants the tools to maximise their own learning potential and to assist others to do the same. Discover a permanent tool for reaching personal goals with applications for students, teachers, parents, aged care worker, artists, athletes, health care practitioners, and business professionals.

This course is beneficial for teachers of all levels from preschool through to tertiary levels, and is particularly useful for adults working with children and adults with learning and behaviour challenges. It is also especially relevant for aged care workers to help seniors to settle down and relax and improve concentration, memory and cognitive functioning.

Adults find the skills learnt in this course can be applied to many different aspects of their lives, bringing positive changes, particularly in relation to the management of stress and anxiety.

This course is also the compulsory foundation course for training to become a licensed Brain Gym Instructor and Educational Kinesiologist.

- DATES:** **Tues 19 - Fri 22 April OR Tues 28 June - Fri 1 July 2022**
in Lara (Geelong) VIC, Australia
- TIME:** **9-30 am to 5-30 pm each day**
To complete the course participants need to attend all sessions
- COST** **\$880*** (inc gst) includes the manual, workbook, a copy of the new Brain Gym Teachers Edition, all notes & materials and morning and afternoon teas
*Brain Gym 101 repeaters \$440
(Money-back guarantee if the instructor is notified of student dissatisfaction before the end of the course)
- PREREQUISITES** **None—open to all**

For more information contact **Claire Hocking** on (03) 5282 5985 or claire@wholebrain.com.au
Mobile: 0419 569 071 or visit www.wholebrain.com.au

BOOKINGS ESSENTIAL

Sending of this form is **essential** for enrolment. A tax invoice and letter of confirmation details will follow.
Full payment will be required if participants do not attend without notification. An alternative person will be accepted.

Cheques payable to 'Claire Hocking' or payment by internet banking and credit card/EFT available

BRAIN GYM 101 VIC 2022 LARA – REGISTRATION FORM

I will be attending 19-22 April OR 28 June - 1 July

Please tick whom the tax invoice needs to be made out to.

Name: _____

Home Address: _____ Postcode: _____

Phone: _____ Mobile: _____

Email: (Please Print Clearly) _____

Organisation (if applicable) _____

Address: _____ Postcode _____

Phone: _____

Please send this form to: Claire Hocking

Ph: (03) 5282 5985

ABN 17 381 090 700

Mobile: 0419 569 071

Postal: 10 Greenleaf Drive, Lara, Vic 3212

Email: claire@wholebrain.com.au