

BRAIN GYM™ for Literacy and Numeracy

Wiring the brain for effective
literacy & numeracy learning



PROFESSIONAL DEVELOPMENT WORKSHOP

Presented by
CLAIRE HOCKING
Dip. Teaching, Cert. A, AST 1, VIT, AKA
Educational Kinesiologist &
Brain Gym Consultant Australia



Claire Hocking is one of Australia's leading Educational Kinesiology Practitioners and the Director of the Whole Brain Learning Centre, where she consults privately with people of all ages. With over twenty five years' experience as a primary and secondary teacher, Claire has successfully used Brain Gym in schools both as a grade, music and special needs teacher. Claire regularly uses Educational Kinesiology/Brain Gym in schools and learning centres.

Claire specialises in improving student's literacy and numeracy skills using her extensive Educational Kinesiology and Brain Gym knowledge and techniques. She is skilled in identifying which neural connections and parts of the brain are immature and switched off, then switching on and maturing those relevant functions. Students' learning, behaviour and attitudes often significantly improve once they commence having sessions with Claire. Teachers, parents and students have been consistently impressed with her positive approach and the results achieved.

Claire keeps up to date with the latest research, incorporating it into her sessions and trainings. Claire regularly presents Brain Gym and Kinesiology programs and workshops both nationally and internationally.

Claire Hocking

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BOOKING FORM Brain Gym for Literacy and Numeracy

I/we will be attending:

Hobart Thursday 30 March Burnie Monday 3 April Launceston Thursday 6 April

Name(s) _____

Home Address: _____ Postcode _____

Phone: _____ Mobile: _____

Email: _____

School/Organisation: _____

Address: _____ Postcode _____

Phone: _____ Fax: _____

Please fax/post/email this form to: Claire Hocking, 10 Greenleaf Drive, Lara VIC 3212

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ABN: 17 381 090 700

TASMANIA 2017

Research shows that learning processes like reading, writing, spelling and maths involve complex neural circuitry linking specialised processing areas of the brain. If you are trying to teach a student literacy and numeracy skills but they are 'not getting it', it means that the connections or parts of the brain are not mature enough.

If these connections or parts of the brain are not mature enough, the student can be of higher risk of learning concerns.

Based on neuroplasticity, Brain Gym can effectively activate and mature areas in the brain that are needed for competent literacy and numeracy learning and performance. Brain Gym has specific movements that will effectively assist in switching on the various literacy and numeracy skills. Once those relevant connections are made and parts of the brain are activated, the brain can then process sensory input more effectively and improved learning can then take place.

In this workshop, learn how to make these neural connections and activate the processing areas in the brain that are crucial for literacy and numeracy development.

Brain Gym for Literacy and Numeracy will assist your students to work towards their full potential. This workshop is highly recommended for people who work with remedial and learning-challenged students.

In this workshop you will learn:

- How and why Brain Gym works with the latest brain research
- The 26 Brain Gym movement program
- PACE - a specific sequence of Brain Gym movements that helps your students to settle down, relax, pay attention and effectively 'switch on' to focus and learn
- How you can easily implement Brain Gym into the classroom and curriculum for effective literacy and numeracy learning
- Learn the Brain Gym for 'switching on' and improving:
 - » Literacy: reading, writing, spelling, grammar and punctuation, phonics, and vocabulary, oral reading, reading comprehension, handwriting, creative writing, listening and speaking.
 - » Numeracy: maths, arithmetic, counting, times tables, number formation, problem solving, sequencing, place value, function and pattern, structure, measurement, algebra, geometry, calculus, probability, statistics, trigonometry, chance and data, and space.

DATES TASMANIA 2017: Brain Gym for Literacy and Numeracy

Hobart Thursday 30 March **Burnie** Monday 3 April **Launceston** Thursday 6 April

TIME: 9.30am - 3.30pm

COST: \$295 inc GST (includes manual, materials, catering and a copy of 'Brain Gym Teachers Edition')

No prerequisites – workshops are open to all interested people.

A certificate of participation will be issued at the conclusion of the workshop

BOOKINGS ESSENTIAL: Sending of this form is essential for enrolment. A tax invoice and confirmation letter will follow.

Full payment will be required if participants do not attend without notification. An alternative person will be accepted.

Cheques payable to 'Claire Hocking' or payment by internet banking and credit card/EFT available.

ABN: 17 381 090 700

Brain Gym is the registered trademark for the name given to the sensorimotor program of Educational Kinesiology

TESTIMONIALS

"The Brain Gym PD was outstanding! I learnt heaps of activities and strategies to use to assist students to more effectively learn."

JENNY S, TEACHER

"I had a fantastic, informative and fun experience and would recommend it to others."

HELLEN K, TEACHER

"Thank you so much! Every teacher should do this course. Every child should have the opportunity to do Brain Gym."

JUSTINE S, TEACHER

"This workshop was valuable in going through and practising the different movements and their application to targeted areas."

R T, TEACHER

"I liked how practical the workshop was and how easily it could be implemented in the classroom."

SARAH M, TEACHER